

Dear Member

You are no doubt aware that the Government has issued guidelines on removing the current restrictions relating to Covid. The guidance set out in our 6th January statement is likely to remain in place for practitioners in England until 12th April, when close-contact services for non-medical reasons are provisionally scheduled to re-open. There has also been some further clarification on treatments to meet medical needs. Current guidance allows treatments for diagnosed health conditions or injury that is currently causing severe pain or mobility issues, or severely impacting quality of life, or for cosmetic treatments associated with cancer treatment. It does not extend to services provided for general stress relief, relaxation or preventative healthcare purposes.

1. Where possible you should carry out consultations remotely. There is guidance on our [website](#) on managing remote consultations.
2. If it is necessary, you are permitted to carry out face-to-face consultations for medical or health reasons. You should have a clear record of what those reasons are.
3. If you do see clients face-to-face, you should follow the guidance on working safely. There are links to relevant guidance on the Coronavirus section of our [website](#).
4. You should also follow the guidance concerning track and trace. There is information on this on our [website](#).
5. You cannot offer therapies purely for relaxation purposes, but if you carry out hands-on therapies for medical reasons, these may continue.
6. For insurance information check Balens here <https://www.balens.co.uk/news/further-lockdown-measures.aspx>