



AMH Conference and AGM 2020

AMH Chair and MC



Rumana Zahn

Starting her career as a scientist, Rumana worked as a microbiologist in laboratories that specialised in food and water analysis. She then spent time working in the chemical and pharmaceutical industry but finally became concerned about the limitations of Western medicine and decided to focus on exactly what it is that makes us healthy and well.

Believing there are many tools to help us gain health Rumana applies scientific principles along with traditional medicines in her practice. Her comprehensive programmes include nutrition, herbal medicine, homeopathy, acupuncture and body work along with the application of kinesiology and much more.

Rumana teaches and lectures at universities and colleges as well as running clinics, retreats and health workshops for individuals, groups and businesses. She has worked with some of the top Spa's around the world, as well as medical professionals; she established the first complementary medicine walk-in clinic of its kind at the Nutri Centre, Kingston Park Tesco in Newcastle. She continues to conduct research with the University of Newcastle on aspects of health and wellbeing.

(<https://clinicnaturae.com>)



Speakers



Kelly Holden FAMH

Kelly's journey into Natural Healing began in the 1970s with her declining health, which she eventually discovered was caused primarily by the amalgam fillings in her teeth.

After having all her fillings replaced and healing herself from the early stages of multiple sclerosis, she trained as a Herbalist with Dr. Christopher's School of Natural Healing, graduating in 1985.

Since then she has trained in a number of other holistic disciplines, including Reflexology, Iridology and Colon Hydrotherapy, specialising in cleansing and detoxification as the foundation for good health and a strong immune system.

She started her first practice in Surrey after her first Son was born and now lives and runs her practice in Brighton, East Sussex.

Kelly is a founder member of the AMH, she served as General Secretary from 1996-1997 and again from 2003-2011. Since then she's been the AMH Treasurer.

In 2018 Kelly joined Andrew Mason on the Herbalist journal team, providing articles and proofreading each edition before it goes to the printers.



Peter Jackson-Main FAMH

Peter is a practitioner of more than 30 years' standing, and currently also the Course Director for Herbal Medicine at the College of Naturopathic Medicine (CNM), of which he is also the Academic Director.

Peter's publications include "Practical Iridology" (2004), a chapter on Western Herbal Medicine in "Reshaping Herbal Medicine" (2005), and several training manuals in Herbal Medicine, Iridology and Holistic Iridology.

He is co-director with his partner, Anji Jackson-Main, of the Natural Centre in Cambridge, and of the College of Holistic Iridologists. In his practice Peter combines Herbal Medicine and a multi-disciplinary Naturopathic approach using the diagnostic insights of Holistic Iridology, which also takes in an understanding of the role of emotion, thoughts and beliefs in creating health.

Peter has been a long standing AMH Council member.

(<https://associationofmasterherbalists.co.uk/user/peterjackson-main./>)



Jill Davies

Jill Davies, HNH, PhD, FAMH, is a qualified herbalist and naturopath of over 30 years. Alongside Peter Schmittmann, she is co-director of Herbs Hands Healing, which was established in 1978. Herbs Hands Healing was initially a commercial herb garden and small clinic, making use of a combination of her skills as a horticulturist and herbal practitioner.

Jill originally trained at R.H.S. Wisley and The Royal Botanic Gardens Kew . Then she qualified in herbal medicine in the UK and natural healing and herbal medicine in America with Dr. Richard Schulze and her doctorate through Dr. John Christopher.

Her company reflects her heritage as the great great granddaughter of Ezra Suggett who had an herbal apothecary in Beccles, Suffolk, just 15 miles from the present-day Herbs Hands Healing.

She has written 14 books, most of which are now available as a free download. Jill periodically teaches naturopathy and herbal medicine at introductory and vocational level at The College of Naturopathic Medicine in London. She previously ran a European school with Dr. Schulze in natural healing and herbal medicine.

Jill is a Fellow of the Association of Master Herbalists.

(<https://secure.herbs-hands-healing.co.uk/about-us/people/jill-r-davies>)



Dr. Richard Schulze

After resolving his own serious health issues as a young man he became passionate about natural medicine. He left the East Coast of America to train directly under, and then served an internship with, the great Natural Healer, Dr. Bernard Jensen, at his Hidden Valley Health Ranch in California. He also studied and apprenticed with "America's greatest herbalist," Dr. John Christopher and graduating from his college. Dr. Christopher asked him to stay and teach alongside him and he did for years. When Dr. Christopher passed away, Dr. Schulze continued teaching at his college for another decade, where he held the title of Senior Professor.

Dr. Schulze started his own Natural Healing clinic in the 1970s to mid 1990s. During this same period, he also managed and directed other Natural Healing clinics in Europe and Asia. His online pharmacy is still operating today.

Dr. Richard Schulze also served as the Director of the College of Herbology and Natural Healing in the UK for 11 years, and was the Co-director of The Osho School for Naturopathic Medicine in England, France, and Spain.

He has taught and lectured at numerous universities, including Cambridge University and Oxford University, Trinity Medical College in Ireland, Omega Institute in New York, Cortijo Romero in Spain and other natural therapy and herbal institutes worldwide. He has been the guest speaker at numerous churches and also on numerous radio and television shows in the USA.

Dr. Schulze is the co-founder of the Association of Master Herbalists in Great Britain.

(<https://www.herbdoc.com/revolutionary-journey>)



Melissa Ronaldson

Melissa is a member of the National Institute of Medical Herbalists and qualified from Middlesex University in 2000, and has been in practice ever since - mainly based in North-east London. She has always cared passionately about access to herbal medicine and has been involved in community projects ranging from a roof garden build on a school in Haringey and a mental health project in Hackney. In 2007 she embarked upon a dream to create a floating apothecary, clinic and teaching space, and now practices from her boat Stormvogel, on the River Lea.

In 2016 Melissa was a founder member of the UK chapter of Herbalists Without Borders and is currently the UK contact person. She has been supporting refugees in the makeshift camps in Dunkirk and Calais since 2015, working variously with the kitchens, the first aid medics and the women's team.

Since 2019 Melissa has been building a team of herbalists who have been travelling to the camps on a monthly basis. Collectively they are HWB.UK; their mission being to deliver first aid and acute herbal medicine. In April and May 2020, the team acquired funding and obtained the required paperwork to distribute flu packs in a context where many agencies had had to pull out of the camps because of the pandemic.

<http://www.herbalbarge.co.uk>

<https://www.facebook.com/Stormvogel-the-Herbal-Barge-53290199117/?ref=bookmarks>

<http://herbalistswithoutborders.co.uk/topic.php?pid=2>



André Tranquilini

André is a biodynamic farmer, consultant, teacher and estate manager at Waltham Place a 220-acre biodynamic estate in Berkshire. André has worked extensively as a market gardener, outdoor classroom teacher and was a founding member of the seed company Living Seeds in Portugal. André has had the opportunity to work on farms in Brazil, Portugal, and UK. He has travelled widely teaching workshops and lecturing on Biodynamic agriculture.

André is recognized as a biodynamic consultant by the international Biodynamic Agriculture section at the Goetheanum in Switzerland, and his educational work is featured in the documentary *The Challenge of Rudolf Steiner*.

(<https://www.biodynamic.org.uk/about/>)